

an A-Z of your time at OP

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Front/back cover design by Teresa Hight



Our Vision

TO MĀTOU MATAKITE

Our people make a better world

'Kia tū ki te tahi'





MISSION STATEMENT

"To have an effective student controlled organisation that implements policies and promotes the provision of services, facilities and amenities which will foster the educational, social, cultural, recreational, emotional, physical and welfare needs of all enrolled students, present and future."

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Kia Ora and a very warm welcome to the Polytechnic and to your Otago Polytechnic Students' Association (OPSA)

Driven by student participation, we provide services and support alongside and on behalf of the Polytechnic focused on student engagement, well-being and success while offering an excellent learner experience....

Students are the heart of our OP culture and it is vital to have an independent organisation to represent and promote their views and interests.

OPSA provides that link between OP management and students while promoting students' rights and welfare.

We ensure effective lines of communication through

the Programme and College Representative system and an opportunity for all students to provide a voice into the quality of courses and development of the polytechnic

We remain independent, but also retain a key partnership with the Polytechnic

No matter what year you are in, or your previous experiences studying, we hope when you leave Otago Polytechnic with amazing memories you made while you were here with us.

OPSA is your students' association; we are run by students and are here to support you through your studies. The Advisory Board and association staff are here to provide you with a wide range of services.

Want to be involved in OPSA? Well

there are many ways you can be, get elected onto our student advisory board or pop along to our regular meetings and have your say or you can be nominated as a Programme and/or College representative

So where can you find us? OPSA is located in the HUB – just past Customer Services – Fort Street Campus.

We have an open door policy and always welcome student visitors so if you ever have any issues or just want to chat, pop in and see one of our friendly team.

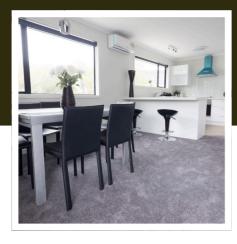
Study hard, have fun and enjoy your time here with us at Otago Polytechnic.

To find out more about what's on offer here at OPSA visit www.

OPSA.org.nz or 'like' our page on
Facebook https://www.facebook.com/

OtagoPolytechnicStudentsAssociation/





"Budgeting has only one rule, don't go over budget"

Accommodation

There are many accommodation options open to students – make your stay in Dunedin a positive one – see OPSA if you need assistance to sort your budget prior to signing your agreement – check out: https://www.opsa.org.nz/information/accommodation/

Problems? Tenancy issues? Contact OPSA or Dept of Building & Housing Tenancy Services 0800 83 62 62 or http://www.dbh.govt.nz/tenancyindex

BICYCLES

Are a great way to get around. No carbon footprint or parking hassles. Check out the community bike workshops/sources of second-hand bikes "Crooked Spoke" and the "Valley Community Workspace" on Facebook – borrow a "Poly-bike" free of charge from Sargood, Art School reception and Customer Services in the HUB

BLUES SPORTING AWARDS

OPSA recognises those individuals who have achieved sporting excellence at local, national and often international levels.

Oualifying period is from 1st October

Qualifying period is from 1st October 2018 - 30th September 2019



BUDGET ADVICE

Immediate confidential assistance with your personal budget and access to emergency funding if applicable – just call into OPSA to discuss your needs – OPSA is a satellite service of Financial Capability Charitable Trust (Dunedin Budget Advisory Service)

Campus Chaplains

Email: chaplain@op.ac.nz Phone: 03 479 3743 H106 or Student Success in the Hub

Kia ora! Campus Chaplains are here at OP as people who can walk alongside you on life's journey. Wherever you are on that journey, highs or lows, we consider it a privilege to be part of that.

We are here to listen and walk with you through whatever issues are important to you, regardless of whether you consider yourself spiritual, religious, or neither.

Our services include:

- Someone to listen
- Support for those grieving
- Practical life advice





Contact our campus cop for advice on safety and security

- Adjusting to student life how do I fit in?
- Spiritual and religious guidance
- Prayer and blessings

CAMPUS COP

John WOODHOUSE

Cell: 0211905950 Proctor's Office - Security Centre - St David Street, Dunedin Tel 64 3 479 4883 Email campus.cop@otago.ac.nz

PROGRAMME & COLLEGE REPRESENTATIVES

Full-time courses from each school will be asked to nominate at least two (2) students to represent you during the year who will be the 'voice' of the students.

Programme Reps can also be nominated as a College Rep who will be members of the OPSA Advisory board. Most importantly all Reps will be able to assist students, develop OPSA as a professional student focused and run organization and have input into the development of the Polytechnic and it's student services

the old law about an "eye for an eye" leaves everybody blind







CAMPUS CHAPLAINS

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- Prayer and blessings

COMMUNITY LAW CENTRE

tele (03) 474 1922 communitylawotago.com Open by appointment. To make an appointment please ring (03) 4741922 and leave a message or email:

reception@dclc.org.nz FOR hours - check the Community Law website out to see the opening times of the free legal advice clinic'

Offer free legal advice and information - help with traffic, employment, tenancy, police, consumer/debt, criminal, ACC, neighbours, govt depts and family matters

Central Otago - Alexandra, Cromwell, Queenstown and Wanaka, 1st Tues and Wed of the month. (Check local papers for details).

South Otago - Balclutha and Milton 3rd Thurs of the month. (Check local papers for details.)

We operate an 0800 number for the Otago province – 0800 169 333. For people calling from out of town, we have a telephone roster to give advice between 2.30 and 4.30 each afternoon.

For general legal information: https://communitylaw.org.nz/legalinformation

COUNSELLING

Kia ora, this is a free and confidential service available to all enrolled students.

On the Dunedin campus we are located upstairs in S block on the corner of Harbour Terrace and Union Street.

Counsellors are:

Anne Tacon, Morag Cunningham & Rhona Shaw

APPOINTMENTS – Weekdays 9am – 5pm – we do our best to offer you an appointment within a week of your request.

You can also request an book your own appointment online https://studentservices.op.ac.nz/home/student-success/

Remember to confirm "Book" at the end of the online information or please email studentsuccessdn@ op.ac.nz

Also – check out the great self care resources on The Wellbeing Toolbox https://studentservices.op.ac.nz/



wellbeing-toolbox/

CUSTOMER SERVICES

Atrium – F Block 03 474 7293 or 0800 762 786

Customer Services is your first point of contact - we can assist with application or enrolment enquiries, or we can connect you with all areas of the Otago Polytechnic as required.

We offer help with: Studylink; payments; international admissions; graduation; lost property & visitor parking

DCC RUBBISH BAGS

Visit the OPSA Office with your Polytechnic student ID to obtain 65 litre bags (\$3.20 each) or \$16 for a 5 pack.

DISCOUNTS

OPSA organises student discounts in the Otago area. Most require you to show your ID card https://www.opsa.org.nz/ information/discounts/



Grab your free Radio One discount card at OPSA.

DOGS ON CAMPUS

Dogs must be in a controlled environment and kept under appropriate control at all times. Any dog that is not under control, causes a health and safety related concern or has an instance of unsatisfactory animal behaviour will no longer be allowed on an Otego Polytechnic site.

Dogs are only permitted in shared environments provided all staff and students in the workspace have consented. Dogs must not be allowed in shared spaces where food is prepared or eaten.

EDEN CAFE

Our Café in the HUB – with Fair Trade tea & coffee in reusable cups!

ELECTRONIC DEVICES

Due to disruption and distraction, cell phones and other electronic devices must be completely turned off while in class, on course-related activities and in changing areas ie. texting, pixting or photographing from a cellular telephone, PDA or camera is not permitted.

Exceptions to this rule may occur only with the express permission of the lecturer and this must be obtained prior to commencement of a class or activity.

Assessments, such as tests and examinations: these devices MUST be turned off and stored in bags at the front of the room.

EVENTS

Organising a programme or college event? OPSA can help with your budget and organisation, and if necessary, handle your ticket sales and pay your accounts!

GET EXPERIENCE. GET PAID.



WWW.SJS.CO.NZ | 0800 757 562



"You were born with the ability to change someone's life, don't ever waste it"

"The true wealth is found in the radiant joy of being - not in the figures of your bank account"

FAIR TRADE

Otago Polytechnic is a fair trade campus that means every time you purchase a tea, coffee or hot chocolate from Eden Café, you are supporting people in developing nations with fair wages, wage security and support with education and sustainable farming

FINANCIAL SUPPORT & ADVICE

Student Hardship

OPSA operates a Student Assistant Fund which can assist students that may find themselves in unforeseen financial difficulty. Each case is individually assessed by a Committee in a confidential manner – forms available at OPSA or on line: https:// www.opsa.org.nz/support/grantsand-hardship/

Emergency Funding

If you find yourself without food or in need of assistance to help you through a "rough patch" - you are welcome to chat to OPSA staff about how best we can help you out in the short term (strictly confidential service - no appointment necessary)

FOOD / FRIDGE / FREEZER

Located in the HUB near the FREE bins – please feel free to either donate or help yourself if you need food

FREE BINS / FREE CLOTHING RACK

Located in the HUB – feel free to take anything of use to you – we welcome all donations of unwanted goods (no rubbish or dud electrical goods thanks) or clothing.

FACEBOOK

like us on facebook – this is where all the action is happening www.Opsa.org.nz/facebook

GRADUATION AWARDS

Every year OPSA invites you to nominate a graduating student for an award who has been an inspiration to study with etc. Forms available at OPSA or fill out on line: https://www.opsa.org.nz/support/ graduation-awards/

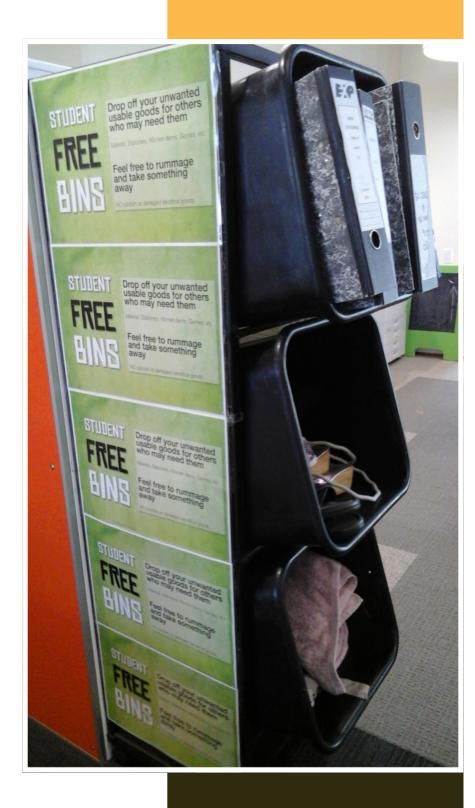
GRANTS

Exhibition or study, recreation or social, travel and promotional grants OPSA has a contestable fund that any programme, class or group may apply for a request form will need to be filled out and signed by current programme representative

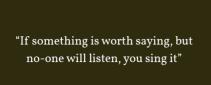
https://www.opsa.org.nz/support/grants-and-hardship/class-grants/

Development Grants

Grants may be made at the discretion of the OPSA Advisory Board for any student or group who may require some financial help with a special "one-off" project or event (signed by the current Programme Rep).



"A bank is a place that will lend you money, if you can prove that you don't need it"





HARASSMENT & BULLYING PREVENTION AND MANAGEMENT

You have the right to study in a harassment free environment. If you have a concern or complaint, names of trained harassment contact people are displayed throughout the Polytechnic or if you wish, you can contact any lecturer, Head of programme or college, Hall Supervisor or Residential Assistant, HR Advisor or OPSA

Harassment may be sexual in nature or based on that person's gender, race, colour, age, disability, physical appearance, marital or family status, religion, political opinion or sexual orientation -

Harassment can be:

- verbal behaviour – saying things to or about a person, or talking within the hearing of others about subjects that may be offensive



- written or visual behaviour –
 writing, drawing, taking or displaying pictures (includes use of computer, PDA, other electronic devices, text pixt)
- physical behaviour inappropriate touching, gestures or standing too close
- behaviour that is hurtful, unwelcome or offensive to the person receiving it.

HUB

H block ground floor – a relaxing area with leisure and study spaces, computers, printer and ATM. You can visit the Eden Café, have comfy seating and access to Student Success, Learner Services, OPSA, Customer Services and more..... check it out









"Be yourself, everyone is already taken"

ID CARDS

ID Cards which are processed at the OPSA Office.

- Dunedin students bring photo ID if you are a new student
- Distance students email your details (including ID number, name & return address) and attach a photo in jpg. format (plain background, no sunnies or hats) to idcards@op.ac.nz

This card will be your access to

- Robertson Library (ID bar code will need to be activated at the Library)
- UNIPOL gym and recreation facilities (University Plaza)
- OUSA Clubs & Societies Centre (Albany Street)
- OP Student Health & Counselling
- Discounts throughout the country
- HI and approved door access to buildings
- Some courses may not charge a Student Services fee, but an alternative "access" card is available for library and computer services

INTERNATIONAL STUDENTS

Kia Ora - Greetings and welcome to you all – please refer to information provided by your International Advisory Team on campus

IT SUPPORT SERVICE DESK

H Block room H107 – visitors most welcome or call 0800 POLY IT (0800 765 948) email servicedesk@op.ac.nz to contact our IT Service Desk Staff.

8am to 5pm - Monday to Friday, fully staffed 5pm to 8pm - Monday to Friday, one person on duty 2pm to 6pm – Sundays, one person on duty

Closed Public Holidays

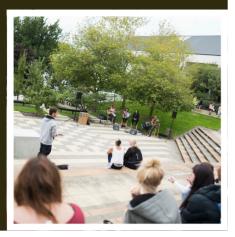
We can provide support and advice for most IT difficulties you may encounter on Windows or Apple computers, including the computers you might be using from home.

Distance Students: Remember we are here to help should you need it.

Printing and Copying Process paper cut is used to manage all network printing Every print job that you submit is analysed and charged according to - number of pages, size, colour, duplex.

Learners can log onto the photocopiers using their OP Student Credentials, and access copying, and



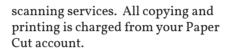




Being taught "what's up" at orientation



I changed my password to "incorrect", so whenever I forget what it is, the computer will say "your password is incorrect"



Scanning documents to be sent to your Student Email account and is FREE to use from these same selected MFDs.

You can top up your prepaid account, and make further enquires about printing and photocopying at any of the following locations:

- IT Service Desk situated in Room H107, (for Cash only and you don't have an EFTPOS card as an alternative)
- All are now located just inside the entrance to the Robertson Library
 close to the Otago Polytechnic MFD/ copier (Self Service Kiosk EFTPOS only)
- Open Area, H Block Level 1 (Self Service Kiosk EFTPOS only)

Wireless Access

Otago Polytechnic has provided wireless connectivity for students to use their own network connected devices, such as laptops, smart phones, and tablet computers.

For information regarding the Otago Polytechnic Eduroam Wi-Fi network, check out:



"The first computer dates back to Adam & Eve. It was an Apple with limited memory, just one byte. And then everything crashed!"

https://studentservices.op.ac.nz/ it-support/eduroam-wi-fi-network/

Student E-mail and Free Microsoft Office for Students

To access the Windows Office 365 service, check out "My email" at https://www.op.ac.nz/hub/ Direct Link to Office 365: http://mail.student.op.ac.nz

You can download a full version of Microsoft Office from your Office 365 account, which will be licensed for as long as you are a student at Otago Polytechnic. Both Windows and Apple versions are available.

Just log into Office 365 with your student name and password (same as you use for Moodle) and click on Round Icon (with your Initials) on the top right, then select "My account". In the next window the "My account" tab shows "Install status" – click "Install Office" to start the download and install. Once installed, you will need to open Word, then "File", then "Account" and log into Office 365 to license your copy of Office 365. Install, and all the best with your studies!

Jobs

Enrol at Student Job Search vacancies may be posted on facebook as we receive them.

Student Job Search is a not-for-profit organisation, dedicated to helping students find work while studying.

Thanks to OPSA, Student Job Search is 100% free for you to use.

SJS will connect tertiary students looking for work with employers who are looking for talent. We can help you find work during the semester or over the summer holidays and advertise a range of different jobs to suit your study schedule and

New to SJS? Register online now to start your job hunt!

www.sjs.co.nz 0800 757 562

experience.

JUSTICES OF THE PEACE (JP)

Otago Polytechnic has Justices of the Peace (JPs) on campus who can assist with witnessing signatures, certifying documents and recording declarations or affidavits. JPs are "people of good sense, character and integrity" in the community appointed by the Governor General to work in an unpaid capacity to assist the public.



All JPs are available by appointment only.

Kevin Tansley

Justice of the Peace
Principal Lecturer
College of Engineering, Construction
and Living Sciences
L Block
Anzac Avenue
Dunedin Campus
Otago Polytechnic

Dr Karole Hogarth-Caulfield

Kevin.Tansley@op.ac.nz

Principal Lecturer School of Nursing H210, H Block Cnr Forth St & Union St East Dunedin Campus Otago Polytechnic Karole.Hogarth@op.ac.nz 03 470 3902

Steve Downey

Justice of the Peace
Student Success Team
The Hub, H Block
Cnr Forth St & Union St East
Dunedin Campus
Otago Polytechnic



IMPORTANT INFORMATION FOR YOUR JP APPOINTMENT

Otago Polytechnic's JPs are first and foremost committed to their paid roles at Otago Polytechnic. Sometimes this may mean that their work commitments need to take priority.

It is your responsibility to have your documents organised prior to your JP appointment. This means you need to bring original documents and photocopies that you would like verified. Please do not pre-sign any documents before your visit. When you make your

appointment please indicate the type of JP service you are seeking e.g. "affirmation" or "certification of documents". This enables the JP to prepare for your appointment appropriately and provide you with the best possible service. If you are unable to make an appointment with one of Otago Polytechnic's JP's you may wish to attend a 'no booking required' JP Clinic available on Wednesdays from 9.00am-1.00pm in the University Information Services Building (near the Central Library) and Saturdays mornings from 10.00am to 12.00pm at Citizens Advice Bureau, Rodgers House, Ground Floor, 155 Princes St, Dunedin.



KIDS ON CAMPUS

Children on campus - please be considerate - the presence of children in the classroom may affect the teaching and learning environment for others so it is important to obtain permission from lecturers in the exceptional circumstance of needing to bring your child to class.

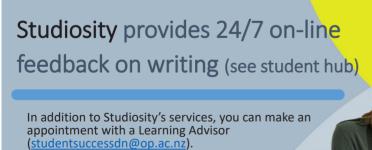
LEARNING ADVISORS

We offer individual face-to-face and online appointments, group tutorials and email support to develop the following:

being an effective learner (study

- skills, interpreting instructions and marking schedules)
- · research strategies
- academic writing, including clarity of expression, paraphrasing and referencing
- oral presentations
- basic numeracy

Appointments can be made by phone/email or online: studentservices.op.ac.nz



Learning Advisors can help with study skills, understanding and working on assignments, as well as academic writing and research skills. Support can be face-to-face, online or via phone/skype.

Studiosity

"A student walks into the Library and asks for a book on 'finding bigfoot' – the librarian directs them to the large print section"





LIBRARY SERVICES

Support your learning at Otago Polytechnic by using the resources, facilities and services at the Robertson Library:

- Borrow course textbooks (with your current OP ID card) and access a large collection of quality research online
- Use the student computers, printing, copying and scanning facilities. OP Wi-fi also available.
- Study on your own, book a group room (online) or make use of the kitchenette facilities in the common room area.
- Friendly, helpful Library staff are available in the Library or contact them online.
- Borrow from the University of Otago's Library physical collections (excludes online databases, journals and books). Visit these libraries

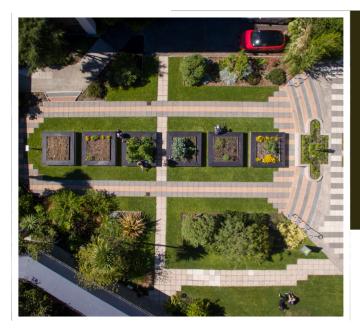
- in person with a current OP ID card or request books through the Library catalogue (instructions are on the Library website).
- Need some help find finding research for assignments?
 Contact a Subject Librarian (contact details are on the relevant Subject guides on the Library website).
- Studying at a distance / living outside Dunedin? Utilise the Library service for Distance learners

More information about using the Library's collections, services and facilities is available from the Robertson Library website or pop in to the Library and ask us.

Contact details and links:

- Phone: 03 479 3793
- Email: ask.library@otago. ac.nz
- Website: studentservices. op.ac.nz/library/
- LibChat: link to LibChat from the Library catalogue (hours: 8:30am - 5pm, Mon -Fri)
- Hours: Monday Sunday 7am
 IIpm
- [Hours can vary over public holidays and term breaks check the Library website for more information]
- Library tour online: https:// studentservices.op.ac.nz/ library/library-tour/
- Subject guides: https:// studentservices.op.ac.nz/ library/subject-guides/





"If you have a garden and a library, you have everything you need"



LIVING CAMPUS GARDENS

Forage for vegetables, fruit and herbs - look out for the 'pick me now' signs or ask the friendly horticulture staff for assistance.

Living Campus Tours and Workshops

Contact us:

kim.thomas@op.ac.nz mobile: 021 735 498 or lisa.burton@op.ac.nz mobile 021 735 209

LOST PROPERTY

All lost property from campus is eventually returned to OPSA – we operate a lost property register, so if you find any item, please hand in at the OPSA Office or check to see if we have your missing item. Lost property from the Robertson Library will be sent to OUSA office at the University – you can phone them to check on any items 03 479 5332

MANAAKI (M Block)

On the ground floor is the Ako Espresso, Manaaki fully licensed Training Restaurant, Student Health, Student Village food hall, water cooler & toilets.

OP Food Design Institute & Functions manage all the catering, café and restaurant services. – bookings for catering and venue hire should be directed to functions@op.ac.nz

MĀORI STUDENTS

Maori students are supported by the friendly team at Te Punaka Ōwheo. For more information go to T

MICROWAVES

Located around campus for your convenience – please keep clean and tidy and report any faults to OPSA

NOTICE BOARDS

Located on the ground floor of most blocks – feel free to place your own notices, but to avoid removal, PLEASE date and place on appropriate board – check out the TV screens for current events.

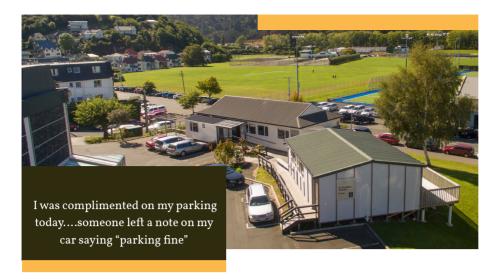
OPSA OFFICE

Located in the Hub www.opsa@org.nz tele: 03 477 6974

This is the centre for all student activities and provision of services - staff are there to assist you with any requirements you may have.

OPEN: 8.30 am – 3.30pm Tues/Wed/ Thrs, and open 9am – 3pm Mon & Fri

Hours may be reduced over the breaks but will be notified.



PARKING

Limited street parking is available all around campus – BUT CHECK to ensure you are parking in the right spot! Please do not park in any staff (numbered) parks or student village parks as you may be towed! Parking is available at the Stadium, so please register on your student HUB to activate parking in that area.

PASIFIKA SPACE

Pasifika students have their own designated space to study, get together and meet with other Pasifika students on campus "Our Space G Block Room G107"

РОНО

POHO is a common space dedicated to Māori students. There is always kai in the cupboard and information about what's on in the Māori community both on and off campus.

Come for a hot lunch on a Wednesday and any other time to study or have a break. Open from 7.30 to 5pm Mon to Fri, Māori students can also access Poho out of hours with student ID. Contact tepunakaowheo@op.ac.nz

POLY-BIKE

It is FREE to pick up keys/lock and helmets from Customer Services or from reception at Sargood or Art School



QUEER* SUPPORT

"Queer Support is a part of the OUSA Student Support Centre, 5 Ethel Benjamin Place

Email: q.support@ousa.org.nz Text: 022 571 3530 Call 0800 12 10 23 website: http://www.ousa.org.nz/ support/queer-support/

OUSA Queer Support Coordinator - provides information and support for Queer and Questioning students from Polytechnic and University.

OUSA Queer Support also runs a peer support programme, a group for international LGBTQIA+ students and events throughout the year.

UniQ Otago is a OUSA officiated club for queer and queer-friendly students. They run a weekly coffee group and other social events. Search for UniQ Otago on Facebook or email:
OtagoUniQ@gmail.com.

Links:

- Curious Full of resources, forums, questions and answers. Very interactive and youthfriendly. http://curious.org.nz
- SouthTrans support for transpeople in Dunedin http://southtransnz.wix.com/ southtransnz
- Rainbow Youth NZ's national queer youth site. http://www.rainbowyouth.org. nz/
- Agender National support for transpeople

http://www.agender.org.nz/
- Dunedin Pride - Frigays, 18+
Trans & Gender Diverse Social
Groups, and Alphabet Soup.
https://www.facebook.com/
DunedinPride/

RECREATION

OPSA provides services and facilities at UNIPOL Recreation Centre and OUSA Clubs & Societies Centre.

FREE entry with your ID card.

OUSA CLUBS & SOCIETIES CENTRE

Find Clubs and Socs on 84 Albany Street right by main campus. It's a hub for student activity, meetings and study, and general social get-togethers!

Join a club, a society, or find a recreation programme that suits. Hungry? Grab a delicious daily \$4 lunch offered, five days a week.

Everyone is welcome. #comeplayousa

OUSA Clubs and Societies Centre

84 Albany Street Dunedin

Open 9am to 10:30pm weekdays, 10am to 8:30pm weekends (reduced hours through breaks and summer)

ousa.org.nz/clubsandsocs #comeplayousa

CLUBS AND SOCS

Come find the perfect club or society to complete your uni experience. Hang with likeminded people, create lasing friendships, try something new or indulge a budding interest. There are a great selection of clubs and societies across:

- Cultural
- · Religious
- Politics
- General interest
- Sports
- Academic

With 150 groups there is something for everyone, so find your fit and #comeplayousa

RECREATION:

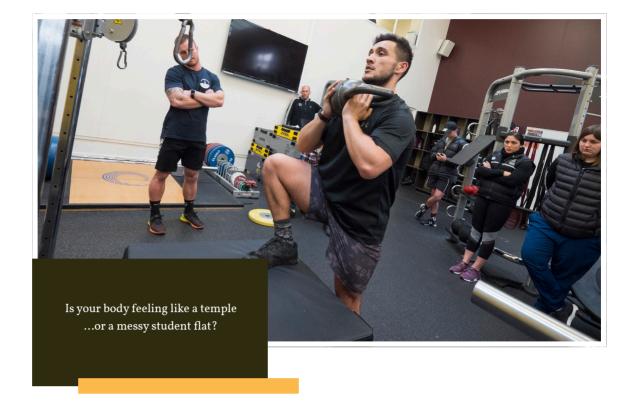
Offering anything from sport to the arts. From a new language to personal development. From living sustainably to everything you love about food. With over 100 activities each semester you are spoilt for choice.

Rooms for hire Study, meeting, exercise and dance spaces Free* for Otago University and Polytechnic students









Keen to view? Take the virtual tour and book: ousa.org.nz/clubsandsocs

Hospitality \$4 Lunch, frozen meals, kitchenette facilities, cooking classes and shared meals. For more information, and daily menus head to ousa.org.nz/ clubsandsocs

Sauna
84 degrees of goodness
\$5 for Otago University and
Polytechnic students

For more info or to book head to ousa.org.nz/clubsandsocs Amenities Showers, Pianos, lockers (for daily use), guitars

Free for Otago University and

Polytechnic students

For more info head to ousa.org. nz/clubsandsocs

UNIPOL RECREATION CENTRE

University Plaza, 130 Anzac Ave Dunedin

Ph: 03-479-5888 email: recreation@otago.ac.nz www.otago.ac.nz/recreation

Facebook: Unipol Recreation
Services Instagram: unipol_
recreation

The team at Unipol provide recreational opportunities to ensure you optimise your wellbeing while studying. There really is something for everyone from group fitness, cardio, weights and functional training zones, social sport, table tennis, pool, foosball, drop-in court spaces as well as the comprehensive Outdoor Rental Centre where you can hire anything from surfboards to skis. Best of all entry into Unipol is free with your 2021 OP ID card!

HOURS:

Mon - Fri: 6am-10pm

Sat: 8:00am - 9:00pm Sun: 9:00am - 11:00pm





REDUCE WASTE, REUSE, THEN RECYCLE

At OP we separate compostable, recyclable and rubbish for landfill PLEASE reduce the packaging waste you bring to OP or chose glass packing over plastic.

It is really important for us all to recycle correctly – ie. Devoid of residual food to be clean – too much contaminated or incorrect material can compromise the quality, not to mention difficulties for the sorting team. Glass bottles and jars are all recycled.

If eating in the HUB, ensure left over food in place in the organic bin to assist with our composting for the Living Campus.

RIDESHARING

Check out the OPSA website and if you can offer or need a ride to campus, let us know – just follow the link https://www.opsa.org.nz/information/ride-share/

SCHOLARSHIPS

When information about any scholarships is received, it will be posted on Facebook or check with your College who may have specific ones you can apply for depending



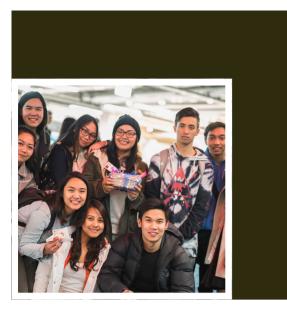
on your Programme. Enquire at Te Punaka Ōwheo or with Pasifika Liaison for any available Māori or Pasifika scholarships.

For information about scholarships available at Otago Polytechnic check out: https://www.op.ac.nz/students/scholarships/

givME is an extensive online database providing information about available scholarships, awards and grants based on criteria, level of study and discipline along with closing dates, application requirements and contact details.

It is available at the Dunedin Public Library, or if you have a Dunedin Public Library Card, you can access this on-line at http://www. dunedinlibraries.govt.nz/digitallibrary/funding







"Quality and persistence will get you the outcomes you need"



"Security is always excessive until it's not enough"



Quitline NZ 0800 778 778

SECURITY

There are CCTV cameras on site around campus, but you are advised to keep your valuables with you at all times – OPSA can look after items for you during office hours if necessary Students enrolled in particular courses may be granted after hours or specialised access – please see your school administrator to activate your ID card for this purpose.

Important for after hours

- Ensure you have your cell phone with you
- Tell your family or flatmates which building you are going to and expected time of return
- Ensure that doors to the building are properly closed behind you when you leave
- Use well lit entrances and walkways after dark and avoid walking home alone

SMOKING

Smoking (including electronic devices) is prohibited in ALL areas of Otago Polytechnic and includes: all buildings, including balconies, outdoor areas on site and the Childcare Centre Other spaces

We encourage smokers to be considerate of others in open spaces not controlled by the Polytechnic, such as public footpaths, and also encourage smokers to consider the effects on the environment when disposing of cigarette butts and to be aware that there is a risk of fire if cigarettes/butts are placed in rubbish bins. Storm water drains and gutters lead directly to waterways and cigarette butts may harm these. Support

Student Health supports smokers who wish to stop or phone: Quitline 0800 778 778, a free service which includes after hours support (there is a nominal fee for nicotine patches if desired).

STUDENT HEALTH

Manaaki – ground floor – Harbour Tce phone: 479 6082 or 477 3014 or 0800 762 786 OPEN 8.30am – 5pm weekdays

PROVIDING A FRIENDLY AND CONFIDENTIAL FULL GENERAL PRACTICE MEDICAL SERVICE for students who have paid the Student Health Levy

International Students, please check with your International Advisors and or Student Health staff regarding costs and insurance cover prior to making an appointment.

Depending on who your insurance provider is, a consultation will either be free or cost \$15 which you can claim back through insurance.

- 15min appointments available 9am 4.30pm Mon - Fri.
- Free medical consultations for ACC or Community Service card holders (card must be presented), otherwise \$15 per visit.
- Please check with reception in regards to costs as some services such as minor surgery, dressings, immunisations etc. may be extra.
- After hours service is available at Dunedin Urgent Doctors until 10pm and then overnight at the Emergency Department at Dunedin Public Hospital.







"Healthy sleep not only makes your life longer, but also shortens the workday"

NURSING SERVICES

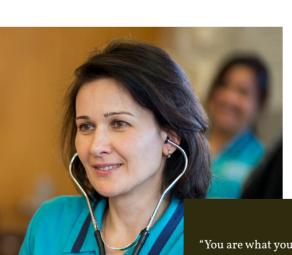
- free by appointment
- treatment of accidents and injuries
- ACC providers
- sexual health, contraception advice and pregnancy testing
- cervical screening and vaccinations
- assessment and advice of minor illness
- wound care and dressing, wart clinic and smoking cessation

To get the most out of your studies, you need to be healthy, both physically and emotionally so please apply for your Community Services card early to avoid unnecessary costs. Student Health is a non-profit organisation so prompt payment of accounts helps keep the service going. We are happy to send out accounts but request that these are paid within 14 days. If not, a \$3 administration

fee is added to the total. If you need longer please talk to Reception.

Please contact us directly if you change address or phone number or are unable to attend your appointment (otherwise a charge will be added onto your account)

It is not our policy to do prescriptions or give out test results over the phone. You need to make an appointment for these.



"You are what you eat, so don't be an instant noodle and your body needs eight hours sleep a night (not a week)"



STUDENT HUB

https://www.op.ac.nz/hub/

This is the place where you can securely access all student related information including results, important dates, student support. Please update your details if you change your contact details (address, phone number, personal email address) while studying at OP. You can do this from the "My Details" section.

If you have a comment, complaint or suggestion, this is one avenue to voice your opinion



STUDENT SUCCESS TEAM

Big Green Desk in the Hub, 0800 762 786 studentsuccessdn@op.ac.nz

Life on campus can be exciting and challenging, so our Student Success Team are here to support and help you through any issues that might arise.

Come and seek help for any issues impacting on your opportunities to study or to engage fully in your learning.

Our Services include:

- · Academic support
- Peer Tutors
- · Access to counselling
- International and domestic support
- Pasifika support and scholarships
- Advocacy
- · Career guidance
- Homestay
- Pastoral care
- · Adjustment to student life
- Balancing workload and family commitments
- Isolation and relocation issues
- Removing barriers for students with disabilities
- Health concerns and referrals
- Referral to community and government agencies
- Student Visa Renewals for International students
- Wellbeing

To make an appointment with any of our Student Support Services, go to:

https://outlook.office365. com/owa/calendar/ bookingsstudentsuccess@ op.ac.nz/bookings/

CAREERS careers@op.ac.nz

We can assist you with:

- Individual career guidance and planning
- Drop in career support and information
- Employability workshops
- Individual Career Consultation
- book in advance through Student
- Help with CV's, cover letters, job searching, & job interview skills

Check out our Career information at: https://studentservices.op.ac.nz/career-counseling/

WELL BEING and DISABILITY

Kerry Rushton

Kerry.rushton@op.ac.nz

Trici Grothe-Robertson

Trici.grotherobertson@op.ac.nz

Kathy Lockwood

Kathy.lockwood@op.ac.nz

We look forward to meeting any student who identifies with a disability to ensure you are supported in your studies

- Advocacy, liaison, equipment and furniture
- Campus orientation and classroom support
- Alternative assessment and exam arrangements
- Peer tutors for one on one academic assistance
- Wellbeing or emotional support
- liaising with lecturers and outside agencies
- goal setting
- · anything else that you feel is



impacting your study

Check out our wellbeing toolbox

https://studentservices.op.ac.nz/ wellbeing-toolbox/

STUDENT ADVISOR INTERNATIONAL

Sheena Roy

Sheena.roy@op.ac.nz

Services we provide include:

- Orientation and student activities
- Pre graduation celebrations
- Assistance with Medical and Travel Insurance
- Student Visa Renewals
- Advocacy

We are also available to help with any concerns you have regarding your studies, personal issues, adapting to life in New Zealand. We have the patience, empathy and understanding to communicate with people for whom English is not their first language. Please come and speak with us and let us help and support you.

Emergency 24/7 support – 021 735 421

HOME STAY ACCOMMODATION

Christine Aitken & Mark Jory homestay@op.ac.nz

Homestay – your home away from home - available for all students
You will have the security of living with a good family while studying. All families have been visited to ensure your stay is a comfortable one.
All International students under the age of 18 must live in home stay accommodation.

Otago Polytechnic is a signatory to the Code of Practice for the Pastoral Care of International Students

STUDENT ADVISOR DOMESTIC LEARNERS

Celia Hepburn

celia.hepburn@op.ac.nz My goal is to help ensure that you have the best possible chance to succeed at tertiary study.

For any issues or concerns you have that may be impacting your ability to attend class or complete work, you are welcome to contact the Student Success Advisor to help identify a way forward.

Text, phone, email or come on in to the big green desk at Student Success in the HUB for a chat.

STUDENT ADVISOR for refugee background students - Mariam Abdul – Dayyem

Coming to a new country, learning a new language and trying to integrate into a new culture are big challenges for anyone, let alone for former refugees. My main goal is to assist refugee background students to understand, navigate and adapt to the different systems in order to achieve the best educational results possible.

At the same time, I see my role as a "bridge" for the staff at OP, so that the interplay between the students and staff would become more understandable, enjoyable and prosperous.



Need financial help? It's OK to ask Contact OPSA anytime

The advisor can assist with several areas including:

- Advocacy, advice and liaison with different services in OP
- Help with issues and/or structural systems outside OP to ease the study process
- Accompanying and navigating students through the different services
- Making plans for future studies within OP



Ko te pae tawhiti whāia kia tata, ko te pae tata whakamaua kia tina – Seek out distant horizons and cherish those you attain.



STUDENT ADVISOR - PASIFIKA LEARNERS

Litea Ikahihifo pasifika@op.ac.nz

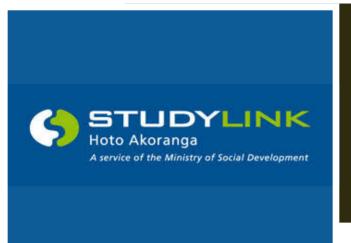
Talofa lava, Kia Orana, Malo e lelei, Fakaalofa lahi atu, Bula vinaka, Malo ni, Halo ola keta, Mauri, Fakatalofa atu and Warm Pacific greetings

"What a great choice you have made in choosing to study at Otago Polytechnic".

Choosing pathways for studies can be difficult, but you have now taken another step to better your future. There are great resources available to help support you and your learning and Pasifika students have their own designated space to study, get together and meet with other Pasifika students on campus "Our Space G Block Room G107"

I can organise academic or peer tutoring as well as a range of other supports and services to help you with your individual needs

- You will be contacted by the Student Advisor Pasifika via a letter, e-mail, phone call or text welcoming you to Otago Polytechnic.
- Regular events are held during the year and all Pasifika students are encouraged to attend.
- There are scholarships for prospective and enrolled students including health related courses



"Buy less, choose well, make it last"



STUDYLINK

www.studylink.govt.nz apply online early Student Allowance can help with your living expenses while you study. It's money that you don't have to pay back

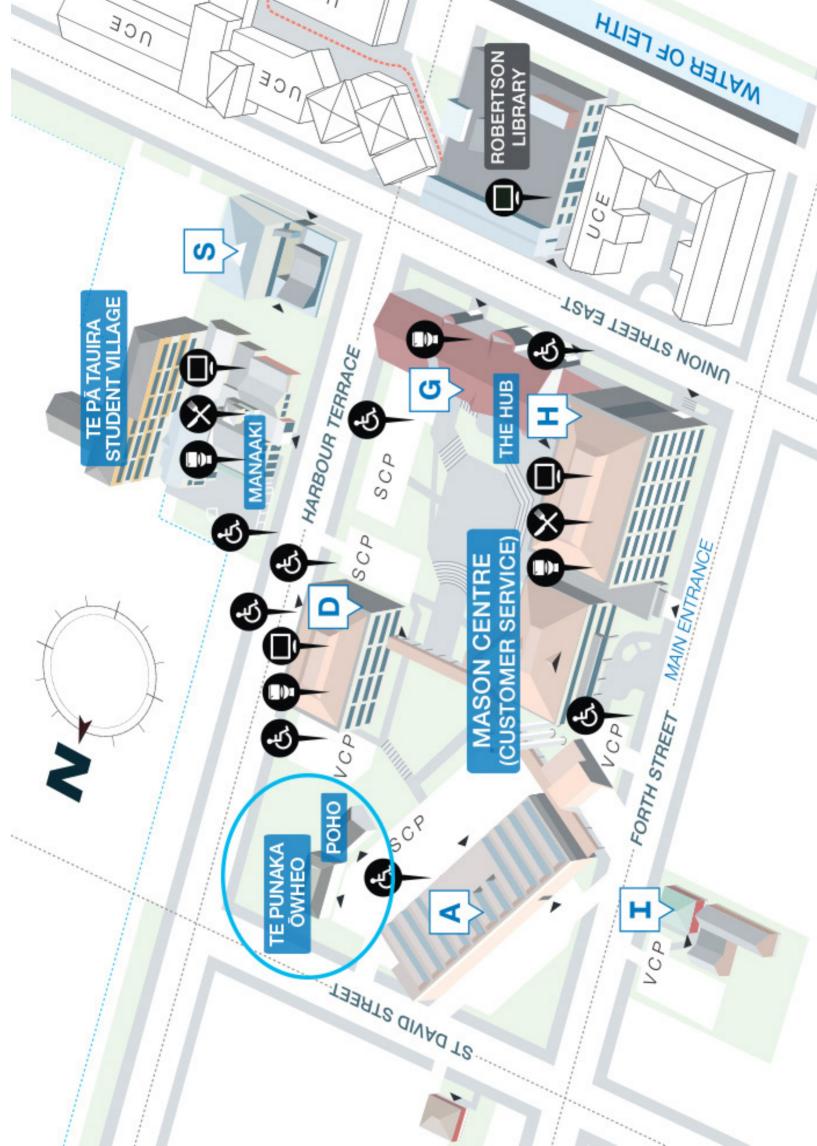
Student Loan can help to finance your study. It's made up of three parts – compulsory fees, course-related costs and/or living costs. When you apply for a loan, you choose what parts you need.

Check out the website for more in depth information on Scholarships, extra help with costs, to tell us about any changes or MyStudylink or call us on 0800 88 99 00 or drop into your local Studylink office

SUSTAINABILITY

Is a core value at Otago Polytechnic - we help to achieve our goals of minimising our environmental footprint and encouraging staff and students to embrace sustainable practices.





TE PUNAKA ŌWHEO

Our Māori student success team work to ensure Māori students have the academic, cultural and social support they need.

This includes access to a range of services, resources and facilities for example:

Poho – a dedicated space for Māori Tauira/whanau events and whanaukataka

Kai – always kai at Poho plus a cooked lunch every Wednesday at noon – a great way to meet other students Tuakana-Teina (mentoring) programme

Academic support and advocacy Computers and printers Financial advice and mentoring Grants and scholarship assistance Studylink support General advice, support, guidance and referral

Our dedicated team of kaiawhina are here to support you through any of the challenges and opportunities study presents you with. Get in touch with us and learn more.

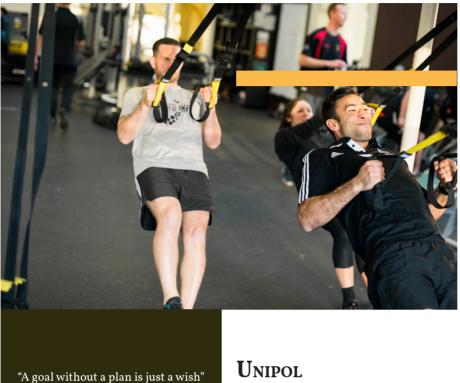
tepunakaowheo@op.ac.nz https://www.op.ac.nz/students/ maori-students/





Poipoia te kākano, kia puawai - Nurture the seed and it will blossom Whaia te mātauranga, hei oranga mo koutou – Seek knowledge for the sake of your wellbeing





UNIPOL

great place, great times! - refer to "Recreation" for more information

Vision

The Otago Polytechnic's vision is "Our people make a better world"

VOLUNTEERING

All students will have the opportunity to volunteer throughout their studies - we ask each programme to organise a volunteer event to suit your timetable, skills and passion - join the Polysquad of valued volunteers and make a difference in your community.

VOTE

Students will be given several opportunities throughout the year to vote for OPSA positions such as President, Advisory Board members and Programme and College Representatives.

WATER COOLERS

These are located in most blocks around campus – drinking fountain and bottle filling available

WEBMAIL

Your student webmail address will be printed on your ID Card – please make sure you activate this prior to registering your card at the Robertson Library - we advise you to check your mail regularly to avoid missing out on important campus information.

X-CHANGE

We can help you exchange your unwanted goods, textbooks or personal items - use the FREE bins in the HUB

YEAR PLANNER

Pick up your free planner + welcome pack from OPSA. Public & Primary school holidays are listed, but we urge you to check with your OP progamme timetable about term breaks and holidays as some courses may differ.

ZERO

Tolerance of bullying, harassment, illegal drugs or smoking on campus

Need study support? It's OK to ask

"I don't have a solution, but I do admire the problem"

Contact Student Success today in the Hub

studentsuccess@op.ac.nz



IMPORTANT DATES FOR YOU TO FOCUS ON THIS YEAR!

February / March - Orientation events on Polytechnic and University campuses & around town

ALL MEETINGS ARE HELD AT 12 noon (venue will be confirmed prior)

Monday 8th March

Nominations open for any unfilled positions on the 2021 OPSA Advisory Board. Nominations close for all on Friday 26th March

Tuesday 9th March

International / Pasifika / Maori student lunch

Tuesday 24th March

OPSA first Programme
Representative Meeting - Each fulltime course or class from each school
will be asked to nominate at least two
(2) students to represent you during
the year. OPSA will give these Reps
all the support they need to fulfil this
role.

Wednesday 31st March

OPSA Annual General Meeting This meeting adopts the OPSA 2020 Financial Statement, elects remaining 2021 OPSA Advisory Board Members

CROMWELL CAMPUS

11 Bannockburn Road PO Box 16, Cromwell telephone (03) 445-9900 freephone 0800-765-9276



CAMPUS OFFICE HOURS:

8.00 am - 5.00 pm - student queries; urgent messages; photocopying

STUDENT CAMPUS FACILITIES:

Common room:

Kitchen facilities (supply own mugs); indoor recreation, microwaves, fridge, stereo and filtered chilled water, (no smoking)

Outdoor facilities:

Cycle parking; hoops; outdoor furniture – ample street car parking available

Library:

Campus collection of books and journals for local courses -Internet and database searching, interloans. Web based catalogue of Cromwell and Dunedin libraries accessible anywhere, requests from The Robertson Library, Dunedin collection delivered to Cromwell within 2 days. Relevant collections based in Wanaka classroom for duration of courses

Customer Services

Available through the Central Campus at Cromwell. Students in Wanaka should phone 0800 765 9276 or work directly with their Programme Manager

Pre-School Centre

Molyneux Educare is adjacent to the Molyneux Ave entrance to Campus at Cromwell – phone 03 445 0632 Hours 8.00 am - 5.30 pm (6 months -7 years)

Chaplain

Steve Downey (located in Dunedin) offers a service that is inclusive, non-judgmental and free to all students at the Central Campus Contact Steve on (03) 972 7124 or chaplain@op.ac.nz
Steve is happy to visit the campus on request



Central Otago offers a relaxed outdoor lifestyle. It's a unique and beautiful place with much to offer. Like many, you might come here to study and never want to leave









Visual aids:

video tapes / player and distance learning facility (class use available through tutor / office)

Computer suite:

Monday - Friday 8.00am to 9.00pm Saturday & Sunday 8.00am to 5.00pm

OTHER SERVICES AVAILABLE

Student Health

- Cromwell: Cromwell Medical Centre, 182 Waenga Drive, Cromwell 445 III9
- Wanaka: Aspiring Medical Centre, 23 Cardrona Valley Road Wanaka 443
- Queenstown: Queenstown Medical Centre, 9 Isle Street, Queenstown 441 0500

If you live in Central Otago and your medical centre is not one of the above, please talk to the Central office staff at the start of your course so we can sort something for you.

Student ID and Community Services card required for medical consultations. Out of hours consultations charges will apply

Student Counselling Services please book appointment through the Central Campus office at Cromwell 0800 765 9276

Shop - Dairy (Achil St)

for snacks, lunches and general provisions

SPORTING FACILITIES:

Cromwell boasts a range of excellent amenities, including

- heated pool / squash courts / golf course / sports clubs / central to five ski fields
- o Check out discounts available at both Cromwell & Wanaka pools
- SUBSIDISED Concession Tickets available at both Cromwell and Wanaka pools on production of your current ID card – check out the posters for more detail

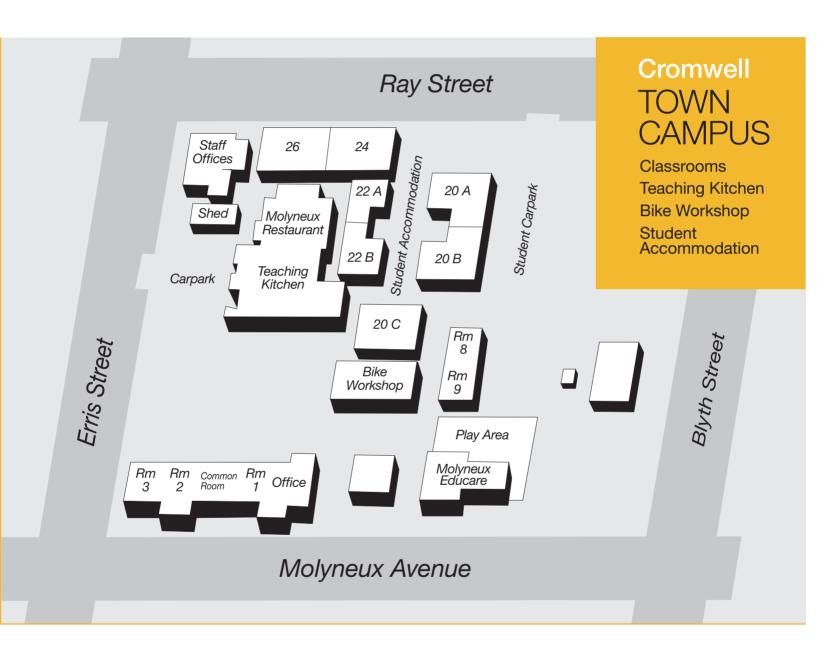
THE CHALETS: Barry Ave - provides students with

 single, fully furnished rooms (provide own linen) / all meals / laundry facilities

Central sites need to nominate a student to act as a Class Rep for each full time course

- OPSA will keep in monthly contact with them via phone/email
- Feedback from these Reps, will help administer your campus funds which provide student services, amenities and activities on each campus.

Richards Beach Road Plant Nursery Glasshouse Potting Shed CARPARK Trades Building Brewery & Classrooms Main Administration Entrance Cromwell Fruit Stall **BANNOCKBURN** ROAD CAMPUS Bannockburn Road **Administration Office Brewery** Orchard **ORCHARD** Vineyard Turf Classrooms Horticulture Zone Common Room Shed CHIP N' PUTT 13 12 **VINEYARD** Shed



IMPORTANT PHONE NUMBERS

Otago Polytechnic Students'

Association Office

(OPSA) 477 6974

Otago Polytechnic all departments

477 3014 or 0800 762 786

Campus Watch

03 479500 0800 479500

Cromwell Campus Office

03 445 9900

Student Support/Services

Robertson Library

479 3793

Te Punaka Owheo

0272019614

Chaplain

Steve Downey

972 7124

Need to Talk?

Call or text 1737 contact to a

Counsellor

Student Health & Counselling

Centre

479 6082

OUSA Clubs & Societies Centre

(Albany Street)

479 5960

UNIPOL Recreation Centre /

Gym (Anzac Avenue)

479 5888

University Print

(Cnr Albany & Forth Streets)

479 9143

Otago University Students'

Association (OUSA)

479 5332

Campus Cop

479 4883

Student Job Search

0800 757 562

StudyLink

0800 88 99 00

Dunedin Community Law

Centre

474 1922

Family Planning Association

477 5850 Healthline

0800 611 116

Urgent Doctors (Dunedin)

479 2900

Problem Gambling

471 6172

Lifeline Otago

474 9111

Citizens Advice Bureau

471 6166

Rape Crisis

474 1592

Anglican Methodist

Family Centre

477 0801

Presbyterian Support Services

477 7115

